

RFH SPORT INFO

Incoming 9th Graders:

All incoming 9th graders must register through the Genesis Parent Portal and submit a copy of the attached [physical form](#) in order to be eligible for summer workouts.

You received an email with your RFH Genesis Parent Portal login information on Wednesday, May 20 after 3:00 PM. The sender for this email is genesis@rumsonfairhaven.org. If you do not see it please check your SPAM folder. If you do not see it, or if you need a password reset please email genesis@rumsonfairhaven.org.

However, you may begin emailing [physical form](#) to Ms. Sue Wankel at swankel@rumsonfairhaven.org.

Summer Workout Registration – Deadline June 20, 2026

In order to participate in summer workouts on the RFH campus, all students must register through Genesis.

- Log into the Genesis Parent Portal
- Click on “Forms”
- Select “Summer Workouts”
- Complete the form in its entirety

Fall Sports Registration – Deadline July 17, 2026

To register for a Fall sport:

- Log into the Genesis Parent Portal
- Click on “Forms”
- Select “Fall 2026 Sport Registration”
- Complete the form in its entirety no later than July 17, 2026

Important Medical Information

- You will need the date of your student-athlete’s most recent physical exam to complete registration.
- Physicals are valid for one calendar year.
- All physicals performed on or after August 10, 2025, are considered valid for the Fall 2026 season.

RFH SPORT INFO

- If your student-athlete needs a new physical, please submit the attached [physical form](#) to Sue Wankel at swankel@rumsonfairhaven.org.
- Any additional medical forms should be submitted to our school nurse, Kerri Bress, at kbress@rumsonfairhaven.org.

Fall Practice Start Dates

Our Fall teams will begin official practices at different times during the summer:

- Football, Girls Tennis, and Cheerleading officially begin on August 10, 2026.
- All other Fall sports officially begin on August 17, 2026.

There may be optional practices prior to those dates; however, the August dates listed above are the official start dates for mandatory practices and meetings.

For all RFH Athletics updates, please visit the [RFH Athletic Website](#).

We will be hosting a **Meet The Coaches Night** on June 16th at 6pm in the RFH Auditorium-coaches from each sport will be there!.

If you have any questions or concerns, please do not hesitate to contact my office.

Thank you,

Mrs. English
Athletic Director
Rumson-Fair Haven Regional High School