

# Rumson School District Cafeteria Menu for May 2026

Deane-Porter \$5.65 Forrestdale \$6.15

**HOT ENTREE LUNCH, DELI DU JOUR LUNCH OR BAGEL LUNCH AVAILABLE DAILY**  
ALL LUNCHES COME WITH FRESH FRUIT, VEGETABLE, SIDE SALAD, ORGANIC MILK OR WATER

**Gourmet Sandwiches and Salads of the Week \$6.50**  
**Yogurt Parfait with Fresh Fruit \$4.50**  
**Homemade Soup Tuesday, Wednesday and Thursday**

[www.simplifiedculinaryservice.com](http://www.simplifiedculinaryservice.com)

We can and do accommodate many dietary needs and requests. Just ask!

## MONDAY

Deli Du Jour  
Turkey

## TUESDAY

Deli Du Jour  
Ham and Cheese

## WEDNESDAY

Deli Du Jour  
Chicken Salad

## THURSDAY

Deli Du Jour  
Turkey and Cheese

## FRIDAY

Deli Du Jour  
Tuna Salad

**NAE-No Antibiotics**

**Ever**

**V-Vegetarian**

**GF-Gluten Free**

**DF-Dairy Free**

4  
Buttermilk Chicken  
Tenders  
Fresh Fruit  
Fresh Veggie  
Organic Milk or  
Water

5  
Carnitas Soft Tacos  
Rice and Beans  
Fresh Fruit  
Organic Milk or Water  
**Chicken Tortilla  
Soup GF, DF**

6  
Waffle Sticks  
Hashbrowns  
Sausage  
Fresh Fruit  
Organic Milk or Water  
**Crema de Elote V**

7  
Pasta with Organic  
Marinara  
Mozzarella Sticks  
Fresh Fruit, Veggie  
Organic Milk or Water  
**Chorizo and Potato  
Soup GF, DF**

8  
Hand Tossed Pizza  
Fresh Veggie  
Fresh Fruit  
Organic Milk or  
Water

11  
NAE Chicken  
Nuggets  
Fresh Veggies  
Fresh Fruit  
Organic Milk or Water

12  
Grass Fed Beef  
Hot Dogs  
Baked Beans  
Fresh Fruit  
Organic Milk or Water  
**Chicken Noodle Soup  
GF, DF**

13  
NAE Chicken Sandwich  
Sweet Potato Wedges  
Fresh Fruit  
Organic Milk or Water  
**Black Bean and Rice  
Soup V, GF, DF**

14  
Pasta with Grass Fed  
Beef Bolognese  
Fresh Fruit, Veggies  
Organic Milk or Water  
**Red Pazole and Pork  
Soup GF, DF**

15  
Hand Tossed Pizza  
Fresh Veggie  
Fresh Fruit  
Organic Milk or  
Water

18  
Pepperoni Flatbread  
Fresh Fruit  
Caesar Salad  
Organic Milk or Water

19  
French Toast Sticks  
Hashbrowns  
Sausage  
Fresh Fruit  
**Spicy Chicken and  
Rice Soup GF**

20  
Grass Fed Beef  
Cheeseburgers  
Crispy Oven Fries  
Fresh Fruit  
Organic Milk or Water  
**Vegetable Quinoa  
Soup GF, V, DF**

21  
Pasta with Organic  
Marinara  
Fresh Veggies  
Fresh Fruit  
Organic Milk or Water  
**Spinach and  
Artichoke Au Gratin  
Soup GF**

22  
EARLY DISMISSAL  
NO LUNCH SERVED  
SNACKS ONLY AT  
FORRESTDAL

25  
**MEMORIAL DAY**  
SCHOOL CLOSED

26  
NAE Chicken Tenders  
Fresh Veggies  
Fresh Fruit  
Organic Milk or Water  
**Italian Chicken  
Noodle Soup GF, DF**

27  
Organic Grilled  
Cheese  
Tater Tots  
Fresh Fruit  
Organic Milk or Water  
**Fire Roasted Tomato  
and Couscous Soup  
V**

28  
Pasta with Grass Fed  
Beef Meatballs  
Fresh Veggies  
Fresh Fruit  
Organic Milk or Water  
**Roasted Garlic Soup  
GF, V**

29  
Hand Tossed Pizza  
Fresh Veggie  
Fresh Fruit  
Organic Milk or  
Water